



October 21, 1992
Mr. Victor Toso
President
Nada-Concepts, Inc.
2448 Larpenteur Ave
St Paul, MN 55113

Dear Mr. Toso:

As you know, I have been interested in your Nada-Chair Back-Up for the past five years and recommend it regularly for patients with simple and complicated spinal problems. We use the Back-Up in our back care and stabilization education classes. Not only does it help us in teaching patients proper posture and alignment, it helps patients with "experiencing" correct posture while sitting.

The Nada-Chair Back-Up is an ideal product for individuals with back pain as it supports the spine in an aligned position, relieving the pressure placed on the lumbar spine. This allows individuals to sit comfortably for long periods of time -- an activity that can be virtually impossible for back pain patients who have not had an opportunity to train properly or gain the appropriate strength necessary to support their spine in routine daily activities.

Being a long-range back pain sufferer, I am acutely aware of the importance of upper torso strength and good low back support while sitting. I personally find the Nada-Chair Back-Up one of the most comfortable back supports available and am particularly pleased with its portability. Most of us cannot take our ergonomically designed office chairs with us everywhere we travel, so the Back-Up offers a supported-sitting alternative.

I wholeheartedly endorse the use of the Nada-Chair Back-Up for patients and individuals who wish to prevent back pain.

Sincerely,


Arthur H. White, M.D.